

OPERATION: LED indicators are: -Power supply is applied, the device works properly (slowly flashing blue), -Output load is OK (faster flashes to permanent blue), -Overload / short circuit in the Output (Red). These are approximate, for orientation. In case of overload (no harm to the patient or Steldox) – use smaller electrodes, higher distance between them, less pressure, avoid acupuncture points, more carefully in children.

An internal timer turns OFF the output signal ~2 hours after the power on, for unattended applications (during sleep). To restart, turn the power off, then on, using the switch, or the power connector to the cables. It's better to insert the Steldox connector first, then to switch or insert the power supply. Be sure the Steldox connector is fully inserted in the socket.

Applying Steldox with Elpid bath is beneficial, but only 20 min is not enough in many cases. A good active healing would be 1-2 hours every other day, for several weeks, or as long as necessary. In severe cases of viruses, microbes, fungus – 1 to 3 times daily (as an antibiotic), but 3-4 days after symptoms begin (to allow germs to do their healing work!);

Avoid more than 8 hrs per day. A of 10-15 days break is good after 40-50 days of use; for prophylaxis – 1 - 2 times per month.

We should keep in mind that healing devices are a temporal help to the real Health! Although surprising for most people (due to the numerous scientific and public prejudices), the baseline for preserving or recovering health is a radical mind change toward prevailing of joy, love, kindness, honesty, dignity, easy-living really proper nutrition, environment; freedom from stress, anger, sadness, sorrow, formality, faiths and prejudices, etc!

Disclaimer: This is an experimental device for research, Federal Code 21, D, 807.65, (f), and can be used solely on user's own responsibility. The author is in no way liable for any unsuccessful treatment, failure due to lack of treatment, or any other reason.

Note: Steldox will work directly with ELPID S.N. 112 and up, + 102, 105, 106, 110; Others need a small modification, free of charge if sent to SELEQ (shipping paid by the user), or in a local electronic shop, by instructions.

-V.2.3-Mar.2020; For the latest description and to buy- <https://seleg.net>

STELDOX-1 - Stimulate-Electrify-Detox

A **very compact** electro-pulsating, multi-frequency device for universal health improvement and prophylaxis; From the very promising complementary / integrative healing approach. It can be applied via Pad-electrodes, placed where needed on the skin, or via the Polarizing electrode of ELPID.

Simple and small, **very easy to use** – just plug and play, nothing to set and tune. With safe, body compliant current, it can **kill or modify** many viruses, microbes, fungus and toxins (antibiotics can't affect viruses & toxins, but are toxins themselves); Besides with no harm, no germ's resistance, but stimulation and vitalization of all cells and organs. The healing current flows directly through the tissues, so the impact is immediate and strong.

DESCRIPTION: It can be effective in asthma, other allergies, spasms, numbness, cramps, addictions, arthritis, atherosclerosis; some Alzheimers, cancers and depressions; chronic fatigue, diabetes, flue, hemorrhoids, inflammations, infections, Lyme, Morgellons, osteoporosis, pain relief, rheumatism, tumors, tuberculosis, varicose veins and many others.

As with most cures, the effectiveness can strongly depend on the particular person, the cyclicity of the individual, of the surrounding atmosphere, etc; Almost no side effects – not advisable around large tooth fillings, epilepsy, life-sustaining devices (peacemaker), etc. Electrodes should avoid genitals, nipples, wounded/ abraded skin, also some warts, pustules, etc. The power supply is well isolated, but don't touch sink, bathtub, heaters or other grounded objects, as a precaution.

Main **Bob Beck's** frequencies are used, as very popular and proven, although they are not the best, nor the only ones. They are modulated in a special way with the **author's** found ones, and the best of the **Nogier's** frequencies, to ensure good acceptability, less harm, improved stimulation. With the HF modulation it is completely painless, harmless, more effective, better penetrating, affecting the subtle toxins (unknown to the standard medicine yet).



Fractally nested frequencies: 4, 10, 40, 143, 166 Hz, 1.2, 5, 11.8 kHz, 1 MHz (HF modulation). The relatively low HF is noble, completely harmless, very far from the harmful electro-smog.

The **healing aid is universal**, can be very efficient, because most bio-electrochemical processes are done inside the cells – in the cytoplasm and other cell's parts. They are ~80% of the active electrolytes, therefore the impact is directed towards them. The blood, referred by B. Beck and others is only ~10%, and mostly for transportation.

The **effectiveness** is due to the electric current itself, to the individual frequencies, and to all of them as a combination. The main impact is to stimulate and amplify to normal the work of every cell, tissue, organ, system! The 2nd one is devitalizing or reducing the harm of many pathogenic germs. In a 3rd place is modifying toxins and metabolic wastes, accumulated in the cells and intracellular spaces, to less harmful substances.

Also: Nourishing the body's natural electrical system; Supporting the immune system; Activating white blood cells; Restoring cells to a healthy voltage; Cleaning up excessive free radicals as an antioxidant; Balancing the nervous system; Improving blood circulation; Improving the production of the important in energy transfer ATP, and others.

STELDOX has some **similarity with TENS, CES, FSM** and the variety of such electrotherapy devices and **can be more effective** from some. Differences: 1- Several frequencies simultaneously; 2- Much harmless; 3- Includes higher LF; 4- has HF modulation; 5- Deeper penetration, longer lasting influence; 6- No pain, no discomfort; Overall- more complex impact: can help relief of symptoms, as well as recovery and rehabilitation.



Comparing with ELPID: --Electrical pattern of Elpid is applied between the 2 electrodes in the tray, or in the compress material (the current flows mostly trough the water medium). In Steldox it immediately flows trough the body tissues. --Elpid uses ELF (almost DC) and the transitions (slopes) between the pulses, while Steldox is Frequency-impact. --Elpid is mostly sucking, removing toxins out of the body; Steldox is killing and modifying germs and toxins inside the body. Therefore, it's good to apply Elpid after Steldox, sometimes simultaneously. --Steldox is much easier to use – no bath, water, tray, compress...

ACCESSORIES:

a)- Stand-alone (Pad) option: Cable assembly [2], Power supply [3], 10 electrodes [4], sizes 1 to 3" (2 to 8 cm), from some of the following:

- Conductive fabric (brown side) (not durable conductivity);
- Aluminum foil (usually used for cooking) enveloped cardboard pieces, fixed with 2-side adhesive tape;
- Adhesive foam sheet + Adhesive vinyl foil + Heavy-duty Aluminum foil;
- TENS snap-type, or others.

The user can prepare more, or to purchase widely spread TENS-electrodes, but their conductivity is not quite good, nor the durability, and their stickiness might not be comfortable.

Electrodes can be fixed on the skin by the clothing, blankets (at night), with elastic bands, adhesive tape, etc.

b)- to connect with ELPID: cable assembly with a piggy-back connector for Steldox [6], or a splitter-adapter to the regular cables [5]. Steldox will continue to be powered on, while Elpid is in StandBy; LEDs 'Pz' on Elpid, and 'Iok' on Steldox may light up without a patient, as they are influenced mutually in this option.

